



**Balboa Track Club**  
**Summer Nights T&F Volunteer Day**

Sunday, April 28th, 2019

Balboa Stadium  
1570 Russ Blvd  
San Diego, CA 92101

**INSTRUCTIONS**

*Our club is helping volunteer at City College's spring Summer Nights meet as a fundraiser. Club manager, Marco Anzures, is the meet director and needs approximately 10 volunteers to assist with a variety of tasks. The areas we will be volunteering in include but are not limited to: assisting USATF officials at the HJ, LJ, and SP, setting up hurdles, moving starting blocks, and running the check-in area. **Please RSVP with Marco (yes or no) as soon as possible.** If we have enough volunteers some of you may compete for free at the event.*

1. **Directions** - The entrance to the stadium will be at the West gate. You can drive all the way around the parking lot to park close to the gate.
2. **Arrive** - 6:30am to help set-up canopies, tables, chairs, and hurdles.
3. Marco will instruct you on what area to assist at when you arrive.
4. The last event is at 9:50am and the meet will be over around 10:30-45am with equipment pickup.

THANK YOU for volunteering your time at this meet. All questions can be directed to Marco at his email address. Please look at the meet flyer for the time schedule.